

Peace of Life Homes

HOUSE RULES & CODE OF CONDUCT

"A place of peace. A foundation for life."

Peace of Life Homes is a Level II recovery residence operating under the Social Model of Recovery and NARR Standards 3.0. Every resident is expected to read, understand, and abide by these rules as a condition of residency. These rules exist to protect the safety, sobriety, and dignity of every person in this home — including you.

Important: Violation of any rule marked **[ZT]** is a Zero Tolerance violation and will result in immediate discharge. Other violations will be addressed through verbal warning, written warning, and then discharge for repeated or serious infractions.

I. Sobriety & Substance Use

1.1 Absolute Sobriety Required [ZT]

This is an alcohol and drug-free residence. Possession, use, or being under the influence of alcohol, illicit drugs, or unauthorized prescription medications is strictly prohibited and will result in immediate discharge.

1.2 Random Drug & Alcohol Screening [ZT]

All residents are subject to random drug and alcohol screenings at any time, without prior notice. Refusal to submit to a screening will be treated as a positive result and result in immediate discharge.

1.3 Prescription Medications

All prescription medications must be declared to the house manager upon move-in. Medications must be kept in their original prescription bottles, stored securely, and taken only as prescribed. Sharing, selling, or distributing prescription medication is a Zero Tolerance violation.

1.4 MAT (Medication-Assisted Treatment)

Residents prescribed Suboxone, Methadone, Vivitrol, or other MAT are welcome. Medications must be stored securely and verification of prescription may be requested at any time.

II. Recovery Participation

2.1 Meeting Requirements

All residents must attend a minimum of **five (5) recovery meetings per week** (AA, NA, SMART Recovery, Celebrate Recovery, or other approved 12-step or mutual-aid groups). At least one meeting must be documented daily for the first 30 days of residency.

2.2 Sponsorship / Mentorship

Residents are strongly encouraged to obtain a sponsor or recovery mentor within the first 14 days of residency. While not mandatory, it is a critical component of long-term recovery success.

2.3 House Meetings

Attendance at the weekly house meeting is **mandatory** for all residents. This is where chore rotations are reviewed, house business is discussed, and community issues are addressed democratically.

2.4 Service Work

All residents are encouraged to participate in service work — helping set up meetings, making coffee, speaking at treatment centers, or mentoring newer residents. Recovery is strengthened through giving back.

III. Conduct & Behavior

3.1 Respect for Others [ZT]

Every resident, staff member, and visitor will be treated with dignity and respect at all times. Harassment, bullying, threatening behavior, fighting, or violence of any kind will result in immediate discharge.

3.2 Language & Communication

Abusive, threatening, or sexually inappropriate language directed at management, other residents, or visitors is not tolerated. Speak to others the way you would want to be spoken to.

3.3 Theft [ZT]

Taking another resident's food, belongings, or property without permission is theft. This is a Zero Tolerance violation resulting in immediate discharge and possible criminal referral.

3.4 Quiet Hours

Quiet hours are **10:00 PM to 7:00 AM** daily. During these hours, televisions, music, phone calls, and conversations should be kept at a volume that does not disturb other residents.

3.5 Shared Living

This is a shared home — not a hotel. Clean up after yourself in all common areas. Respect shared spaces including the kitchen, bathrooms, living room, and laundry area. Do not monopolize common areas for extended periods.

IV. Curfew & Access

4.1 Curfew

Curfew is **11:00 PM Sunday through Thursday** and **12:00 AM Friday and Saturday**. All residents must be inside the residence by curfew. Keypad codes are time-restricted and will not function after curfew.

4.2 Overnight Passes

Overnight absences must be approved by the house manager at least 24 hours in advance. Approved overnight passes are limited to two (2) per month and require verification of destination and a contact number.

V. Guests & Visitors

5.1 Visitor Hours

Visitors are permitted between **9:00 AM and 9:00 PM** only. All visitors must be approved by the house manager in advance. Visitors are not permitted in sleeping areas at any time.

5.2 No Overnight Guests [ZT]

Overnight guests of any kind are strictly prohibited. This includes romantic partners, family members, and friends. Violation will result in immediate discharge.

5.3 Former Residents & Active Users

Residents who have been discharged from the home, or individuals known to be actively using drugs or alcohol, are not permitted on the property at any time.

VI. Chores & Household Responsibilities

6.1 Chore Assignments

Every resident is assigned weekly chores on a rotating basis. Chores include but are not limited to: kitchen cleaning, bathroom cleaning, trash removal, vacuuming, lawn maintenance, and common area tidying. Chores are non-negotiable — this is a shared responsibility.

6.2 Personal Space

Residents are responsible for keeping their personal living area clean, organized, and free of food waste, trash, or unsanitary conditions. Rooms are subject to periodic inspection.

6.3 Food & Kitchen

Residents are responsible for their own food. Label your food with your name and date. Do not eat food that is not yours — this is considered theft. Clean dishes, counters, and appliances immediately after use. The kitchen is a shared resource; treat it accordingly.

VII. Safety & Security

7.1 Security Cameras

Security cameras are installed in common areas (kitchen, living room, exterior entrances) for the safety and accountability of all residents. By residing here, you consent to being recorded in these common areas. Cameras are not installed in sleeping areas or bathrooms.

7.2 Keypad Codes

Each resident receives a unique entry code. Do not share your code with anyone. Do not allow non-residents to enter using your code. Lost or compromised codes must be reported immediately.

7.3 Weapons [ZT]

Firearms, knives (beyond standard kitchen cutlery), or any other weapons are strictly prohibited on the property. Violation will result in immediate discharge and possible criminal referral.

7.4 Fire Safety

Candles, incense, space heaters, and any open flame devices are prohibited. Do not tamper with smoke detectors or fire extinguishers. Know the location of all exits.

VIII. Rent & Financial Obligations

8.1 Rent Payment

Rent is due on the **1st of each month**. A grace period extends to the 5th. Payments received after the 5th are subject to a \$25 late fee. Repeated late payments may result in discharge.

8.2 Security Deposit

A security deposit equal to one month's rent is required before move-in. The deposit is refundable upon move-out, less any deductions for damage beyond normal wear and tear, unpaid rent, or cleaning costs.

8.3 Payment Methods

Rent may be paid via CashApp, money order, or bank transfer. Cash is accepted with a receipt. All payments must be documented.

IX. Discharge & Departure

9.1 Voluntary Departure

Residents choosing to leave must provide **two weeks written notice** to the house manager. Failure to provide notice may result in forfeiture of the security deposit.

9.2 Administrative Discharge

The operator reserves the right to discharge any resident for violation of house rules, failure to pay rent, behavior that threatens the safety or recovery of other residents, or any other reason deemed necessary for the well-being of the home.

9.3 Immediate Discharge [ZT]

Any Zero Tolerance violation will result in immediate discharge without refund. The resident must vacate the premises immediately. Law enforcement will be contacted if necessary.

X. Grievance Procedure

10.1 Reporting Concerns

Residents who have concerns about house operations, other residents, or staff may report them to the house manager. If the concern involves the house manager, it may be reported directly to the operator at 804-640-8880.

10.2 VARR Grievance Process

As part of our commitment to VARR standards, residents also have access to VARR's formal grievance procedure. Information about filing a grievance with VARR is available in the Documents section of the resident portal.

XI. Resident Rights

As a resident of Peace of Life Homes, you have the right to:

- Live in a safe, clean, and supportive environment free from harassment and discrimination
- Be treated with dignity and respect by management, staff, and fellow residents
- Participate in house governance through weekly house meetings
- Access your personal belongings and secure storage for valuables
- Practice your faith or spiritual beliefs without imposition
- File a grievance without fear of retaliation
- Receive reasonable accommodation for documented medical conditions

Peace of Life Homes operates in compliance with NARR Standards 3.0 and the Social Model of Recovery. We are actively pursuing VARR accreditation and DBHDS certification. We do not discriminate on the basis of race, color, religion, national origin, sexual orientation, gender identity, disability, or MAT status.

RESIDENT SIGNATURE — I HAVE READ AND AGREE TO ABIDE BY ALL HOUSE RULES AND CODE OF CONDUCT

DATE

PRINTED NAME